BULLYING PREVENTION AWARENESS FACT SHEET

BULLYING PREVENTION MONTH

Making the Connection

Our Database of Human Services
infoMONTGOMERY.org is a collaborative effort of public and private agencies providing information about health, education and human service resources throughout Montgomery County, MD. It is our goal to link individuals and families with services that can help. Here are two bullying programs featured in our database.

Our Children in Middle School
This school year, Excel Beyond the Bell middle-school staff and program providers are focusing on ways to promote social and emotional learning in their out-of-school time programs. As research demonstrates, bullying is greatly reduced in programs that offer a safe and caring environment, supportive relationships between instructors and youth, and program norms, values and policies that emphasize respect for others and appreciation of differences.

Our Children With Intensive Needs
"Approximately 20% of referrals to our Local Care Team reflect youth who have been victims of bullying," explains Hope Hill, PhD, Director of CWIN. In the April 2013 issue of JAMA Psychiatry reports both bullies and victims are at risk for psychiatric problems such as anxiety, depression, substance abuse and suicide when they become adults.
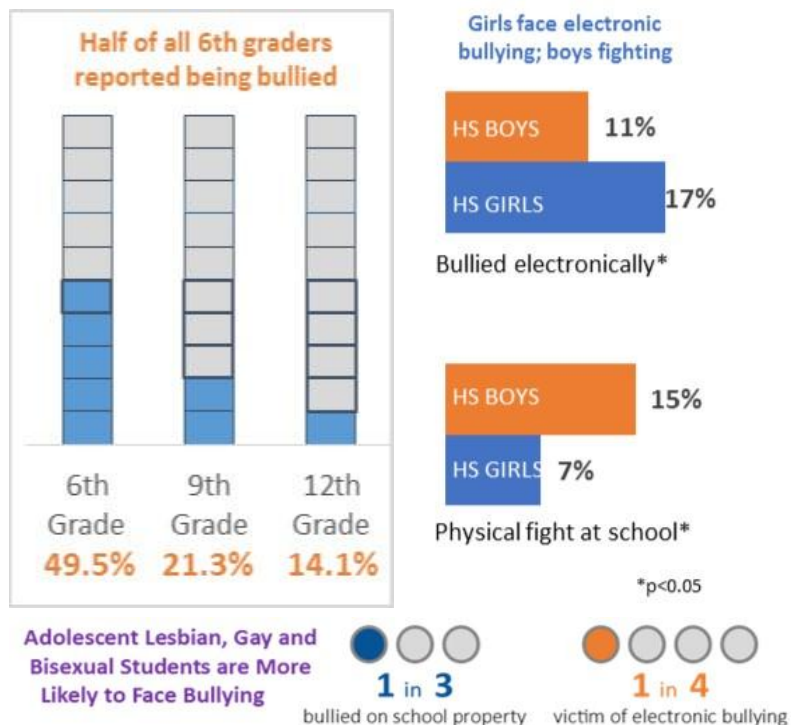
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Bullying is a form of youth violence. It can occur in person or through technology. Victims of bullying are at increased risk for depression, anxiety and poor school adjustment. Those who bully others are at increased risk for substance use, academic problems and violence later in life. -
2013 Maryland Youth Risk Behavior Survey

44.4%MS and 18.9%HS students in Montgomery County reported being bullied at school

The Facts on Bullying

- Younger students are more likely to report being bullied at school
- Girls are more likely to report being electronically bullied
- Boys are more likely to be in a physical fight on school property
- Adolescent lesbian, gay and bisexual students are more likely to face all forms of bullying
- 1 in 10 Hispanic students stayed home from HS because of feeling unsafe

Half of all 6th graders reported being bullied

6th Grade	9th Grade	12th Grade
49.5%	21.3%	14.1%

Girls face electronic bullying; boys fighting

Bullied electronically*
- HS BOYS 11%
- HS GIRLS 17%

Physical fight at school*
- HS BOYS 15%
- HS GIRLS 7%

*$p<0.05$

Adolescent Lesbian, Gay and Bisexual Students are More Likely to Face Bullying
1 in 3 bullied on school property
1 in 4 victim of electronic bullying

*Data from 2013 Maryland Youth Risk Behavior Survey for Montgomery County

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Bullying Prevention Resources

Montgomery County Public Schools
A Message from Dr. Joshua Starr, Superintendent, on Cybercivility
Info on Bullying: How You Can Help, Community Resources, and more

Montgomery County Libraries
Helpful Websites on Bullying
Books on Bullying

MD State Department of Education
Parent Information on Bullying
TA Bulletin: Implementing Maryland's Model Policy to Address Bullying, Harassment, or Intimidation

Federal Government
Children's Safety Network
National/State News on Bullying

Stop Bullying July 2014 blog featured Montgomery County's local program-You Have the Power: Project Change

Local Bullying Programs
You Have The Power: Project Change
A youth-led mentoring program in which older students teach younger students about the characteristics and consequences of bullying and how to reduce it in their communities.

Bullying Intervention, YMCA
A cooperative program developed around group discussion on bullying, and what students can do about it. Staff can work with individual classrooms or offer school-wide programs.